

Henry B. Eyring, April 2026 Conference

Conference Discussion Starter

Remember

You might reasonably wonder why a loving and all-powerful God allows our mortal test to be so hard. It is because He knows that we must grow in spiritual cleanliness and stature to be able to live in His presence. To make that possible, Heavenly Father gave us a Savior and the power to choose for ourselves by faith to keep His commandments and to repent and to come unto Him. -Henry B. Eyring, April 2026 Conference (see paragraph [15](#))

Reflect

NOTICE

What do you believe about the purpose of this mortal life?

ACT

Your power to choose your direction is an important part of Heavenly Father's plan for your happiness. Because of this, what is something you want to start, stop, or continue doing?

Connect

What do you notice here that could help you connect with Self, God, or Others?

